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| **PROCEDURE CHECKLIST**  **Bathing: Providing a Complete Bed Bath** |
| **PROCEDURE STEPS** | **3** | **2** | **1** |
| 1. Uses warm, not hot, water (105°F or 41°C). | ✓ |  |  |
| 2. Changes water before cleansing the perineum and whenever the water becomes dirty or cool. | ✓ |  |  |
| 3. Drapes patient to provide privacy and prevent chilling. | ✓ |  |  |
| 4. Removes patient’s gown without exposing patient; exposes just the part of the body being bathed. | ✓ |  |  |
| 5. Follows principle of “head to toe.” | ✓ |  |  |
| 6. Follows principle of “clean to dirty.” | ✓ |  |  |
| 7. Washes extremities from distal to proximal. | ✓ |  |  |
| 8. While bathing, keeps loose ends of washcloth from dragging across the skin and wrings out excess water. | ✓ |  |  |
| 9. Supports joints when bathing. | ✓ |  |  |
| 10. Pats dry to protect the skin. | ✓ |  |  |
| 11. Dries thoroughly between the toes. | ✓ |  |  |
| 12. Changes water and gloves and uses a clean washcloth to wash the perineal area. | ✓ |  |  |
| 13. Removes any fecal matter with tissues prior to using washcloth. | ✓ |  |  |
| 14. Applies deodorant, lotion, and/or powder as desired or as needed. | **n/a** |  |  |
| 15. When finished, repositions patient and changes bed linen as needed. | ✓ |  |  |
| viva | 15/20 |  |  |

**Key scales:**

3-Excellent: All measures have been achieved

2- Good: Some measures have been achieved

1- Poor: Performance was below measuring

**Student’s name: EMILY MAKENA**

**College number: 350**

**Score: 92%**